

Indigenous Wellness Clinic

- Our program provides a culturally appropriate and safe environment for patients and their families to receive care and work towards their best possible health.
- We are a multidisciplinary team including Physicians, Nurses, Dietitian, Physiotherapist, Mental Health and Addictions Cultural Helper, Health Coordinator and Cultural Helpers
- Build partnerships with agencies and communities to respond to patient's needs and advocate on their behalf when faced with barriers to health care
- Offer individual and group holistic support.
- Provide traditional cultural supports and ceremonies upon request.

Mission

The Indigenous Wellness Clinic under the Indigenous Health Program works throughout the province in partnership with Indigenous communities and organizations to provide high-quality, accessible, culturally appropriate health services for all First Nations, Metis and Inuit (FNMI) people.



Contact Information:

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Indigenous Health Program
10240 Kingsway Ave
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Appointments preferred but same day access may be available.



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Indigenous Wellness Clinic

Edmonton Zone

Foundation:
Engagement &
Relationship Building

Programs & Services

Primary Care Services

- Provide primary care services to Indigenous patients of all ages in the Edmonton zone and surrounding areas
- Services include but are not limited to family medicine for all ages, chronic disease management, chronic pain, women's health, mental health and addictions
- Family Physicians are available



Diabetes Program

- Offers a monthly four day, culturally-based, holistic, diabetes education program and one day follow-up appointments with the wellness team
- Provides case management, patient advocacy and discharge planning with the patients' primary care provider and respective communities
- Diabetes Specialists are available



Women's Health

- Provide culturally appropriate outpatient care that achieves the best possible reproductive health outcomes
- Services include prenatal care, pelvic floor disorders, cancer screening and prevention, menopause, infertility, family planning, menstrual concerns, pelvic pain, general well-women's healthcare, birth control and sexually transmitted infections
- Obstetrician/Gynecologist is available

Palliative Care

- Provides a holistic and compassionate approach to improve the quality of life for patients and families facing life-threatening illnesses
- Provides the necessary supports for patients to die with dignity
- Palliative Care Specialist is available



Chronic Pain

- Provide a monthly support group that provides alternate therapies and support in dealing with chronic pain

Nutrition Services

- Nutrition counselling with a registered dietitian

Physiotherapy

- Provide physiotherapy assessments and treatment plans

Indigenous Health Coordinator

- Advocate for and support Indigenous patients and their families

Mental Health and Addictions Cultural Helper

- Mental health and addictions counselling within a cultural context

Indigenous Cultural Helpers

- Provide spiritual and cultural support to patients and their families.
- Support traditional ceremonies upon proper protocol.